

# OPEN HEART MINISTRY

For senior-manager  
Church Administrators  
& other UCAN members



**Early Bird Discount**

For full payment by  
30<sup>th</sup> November 2016

**Monday 20<sup>th</sup> to Wednesday 22<sup>nd</sup> March 2017**

**King's Park Conference Centre, Northampton**

**Speakers & Chaplains** Dr Trevor Stammers // The Revd Jez Barnes //  
Dr Jules Morgan // Pastor & Mrs John & Pauline Tindall

# Cutting Edge - King's Park 2017 Booking Form

Please return this form to John Truscott, 69 Sandridge Road, St Albans AL1 4AG or scan/email to [john@john-truscott.co.uk](mailto:john@john-truscott.co.uk).

Your non-returnable booking fee of £30 can be enclosed by cheque, sent by BACS to account John Truscott 00244953 at Lloyds St Albans branch 30-97-25, or paid by credit/debit card or account via Paypal from <http://www.john-truscott.co.uk/Contact/Payment>. The balance is payable by 1st February 2017. To qualify for the early-bird special price of £240, full payment needs to have been received by 30th November 2016.

This event is open to UCAN members in the 'senior manager' category and other UCAN members. If you would like a second member of your church to come with you please first check with John. If you are not yet a UCAN member, please first join at <http://www.church-administrator.net>.

## YES - PLEASE BOOK ME IN!

Christian name + Surname (as you would like it to appear on your name badge)

Church name + Town

Your post title

Any changes to your postal address, email or telephone from what we already hold for you

Any special accommodation or dietary requirements

Details of any musical input you can offer for our opening and closing worship times

If you have experience of staff relationships that went sour, would you be willing to share in the Monday evening session which will focus on positive ways forward (not recorded)? Very brief details if so:

Your choices of workshop (you will be able to attend two of these - insert the relevant letters)

1<sup>st</sup> Choice

2<sup>nd</sup> Choice

and, in case necessary, 3<sup>rd</sup> Choice

I am paying the non-returnable booking fee of £30 / full fees of £270 (£240 if received by 30.11.16) by cheque (payable to John Truscott) / BACS transfer (as above) / Paypal (delete as appropriate).

Signature

Date



# OPEN HEART MINISTRY

Cutting Edge conferences are open to all members of UCAN whose jobs fall within the 'senior manager' category and any other members with a specific interest in the topics covered.

Our 2017 theme is one of health worked out in three specific areas of our life. First there is our own physical and mental well-being when working in the stressful environment of a busy church. Secondly, our relationships with other staff and leaders but in particular with our Senior Minister. Thirdly there is our spiritual health as disciples of Jesus Christ. Can we open our hearts before God to seek his ways for living a healthy life in spite of the pressure most of us work under?

Trevor Stammers, as a medical expert, will help us understand our own need for good physical and mental health. There are many fault lines beneath the surface of even the most apparently 'together' people.

Jez Barnes and Jules Morgan, who work together as Senior Minister and Operations Director, will look at the importance of taking time to understand our differences and work out how to play to each other's strengths.

John and Pauline Tindall will be our Chaplains throughout the conference and John will lead us in a Bible teaching session from the Pastoral Epistles.

Our overall aim is that you will be

**stimulated** to think clearly and strategically on professional issues related to your work

**informed** by quality speakers, resource information and peer debate

**challenged** to relate your faith to your work through Bible input and discussion

**encouraged** as a senior administrator by networking with others in similar roles

and thereby you will be better equipped as a church worker and as a disciple of Jesus Christ.

**Your hosts at King's Park** Brian Howells (Operations Manager at Holy Trinity, Claygate) // Julian Mander (Operations Manager at Riverside Church, Birmingham) // Irene Nash (Administration Manager at South Street Baptist, Greenwich, London) // Mark Parsons (Operations Manager at Christ Church Clifton, Bristol) // Becky Thomas (Operations Manager at Beeston Free Church, Nottingham) // John Truscott (UCAN National Co-ordinator)



UCAN's 2017 Cutting Edge national conference

# OPEN HEART MINISTRY PROGRAMME

## MONDAY AFTERNOON

Serving with a healthy heart

- 12.15PM Arrive and registration
- 1.00 Lunch
- 2.30 Introductions
- 2.45 Opening Worship
- 3.00 **Serving with a healthy heart session 1**  
Troubled hearts - pressure & perfectionism // Trevor Stammers  
Detecting and dealing with stress and anxiety

4.15 Tea

5.00 **Serving with a healthy heart session 2**

Heavy hearts - pessimism and paranoia // Trevor Stammers

Detecting and dealing with depression and fear - followed by time to network

6.45 Dinner

8.00 **Overcoming staff relational difficulties**

Contributions from delegates with comment from Trevor Stammers and Jules Morgan

9.15 Table quiz / time out

## TUESDAY Relating with a healthy heart plus workshops

8.00AM Prayer for the day

8.30 Breakfast

9.30 **Relating with a healthy heart session 1**

Help! My Minister doesn't understand me // Jez Barnes & Jules Morgan

Learning how to work well together

## TUESDAY Relating with a healthy heart // Continued...

10.45 Coffee

11.15 **Relating with a healthy heart session 2**

**Who's in charge here? // Jez Barnes & Jules Morgan**

Giving the right kind of support at different times

1.00PM Lunch and some time for a short break

3.00 **Space for personal planning and quiet reflection**

4.15 Tea

5.00 **Workshops 1** (see separate list - Tuesday Workshops)

6.45 Dinner

8.00 **Workshops 2**

9.15 **Board games / discussions / time out**

## WEDNESDAY MORNING Growing with a healthy heart

8.00AM Prayer for the day

8.30 Breakfast

9.30 **Growing with a healthy heart session 1**

**Top tips from Timothy // John Tindall**

Paul's wisdom on maintaining ourselves in ministry

10.45 Coffee

11.15 **Growing with a healthy heart session 2**

**UCAN's developing future vision and informal Communion**

1.00PM Lunch and depart from 1.45PM

# King's Park Conference Centre

We have again chosen King's Park for its central location in the country and closeness to the M1 and A14/M6. King's Park is a modern purpose-built conference centre, run by the Christian group, Action Centres UK. It is on the northern outskirts of Northampton with a park and open countryside within easy reach. There are regular trains to Northampton from London Euston and Birmingham and we aim to arrange transport from the station.

Our accommodation will be in single en suite rooms with WiFi available across most of the site. There are superb on-site sports facilities.



## Comments from delegates at Northampton in 2015

Here are some of the comments we received after the last Cutting Edge residential in 2015:

"An amazing conference"

"Cost was fantastic value for the benefit I received"

"So inspiring to have such an honest and open speaker talking on it being OK to fail"

"Inspired and challenging in equal measure"

"This was my fourth conference in four weeks and the best by a mile"

"This event will once again change how I do things"

## Cost & Booking

The conference costs **£270 for single en suite accommodation.**

### Early-bird discount

If full payment is received by 30th November 2016 you pay only **£240 – less than the 2015 fee!**

The fee breaks down as about 50% for accommodation, 25% for speakers' fees and expenses, and 25% for staff and organising costs.

### To book

Please complete the application form on the reverse of the front cover. A non-returnable booking fee of £30 is payable now and you will be asked for the balance in January 2017 if you have not paid it earlier. Your full fee will be receipted by email and is non-returnable after 1st February 2017.

### UCAN National Co-ordinator and Conference Secretary

John Truscott, 69 Sandridge Road, St Albans AL1 4AG

T: 01727 832176

E: [john@john-truscott.co.uk](mailto:john@john-truscott.co.uk)

W: [www.church-administrator.net](http://www.church-administrator.net)

# Tuesday Workshops

Five topics run over two sessions on Tuesday. A & B support Tuesday and Wednesday main sessions, C to E take three practical aspects of our work which need to remain healthy.

## **A: Our relationship with our Minister Jules Morgan**

The workshop will pick up issues addressed in the two plenary sessions led by Jez and Jules earlier in the day with issues such as 'how to bring supportive challenge', 'how to ensure we don't undermine our Minister' and 'how to release our Ministers to be pastors and leaders'.

## **B: Busy Christian meets Backside Believer John Tindall**

How can we stay healthy as Christian disciples when the work pressure is unrelenting? This workshop will look at Luke 10, both the Samaritan and the two sisters, and will seek to cover practical ideas for how we can be engaged in our 'work' without sacrificing our 'walk'.

## **C: Let's keep finance healthy Penny Clarke**

How do we keep church finances healthy? Financial decision-making, transaction reporting, budget-making, budget tracking ... there are so many financial issues which can add stress to our ministry. This workshop seeks to address the above issues, identify good practice and understand how we can promote excellence and wellbeing.

## **D: Practical project planning Nici Johnson**

Feeling overwhelmed by a project you are planning or have already started? This workshop aims to show that project success is about focusing on the people involved. It will give you practical steps for planning, organising and keeping control of projects big and small without having to rely on computerised tools.

## **E: Volunteers: heroes or villains Julian Mander**

Why don't our volunteers do more than they do, and why are they such a pain to manage? Since when was church meant to be this hard when surely everyone should want to serve and use their gifts? In this workshop, discover what your volunteers are really thinking...

## **Jesus Christ as Lord**

This is a professional conference designed to enhance our skills in key areas of our work. But we meet together as Christians of different denominations and traditions who want to follow Jesus Christ as Lord.

Our opening and closing sessions will include times of praise and prayer, we shall close with an informal Communion service, and we shall arrange informal times of intercession before breakfast each day.

John and Pauline Tindall (together or singly), our Chaplains, will be available throughout for confidential discussion, advice and prayer on anyone's personal discipleship, work relationships or family pressures. We hope you will make use of this special opportunity.

# Speakers & Chaplains



**Trevor Stammers** has been Programme Director in Bioethics and Medical Law at St Mary's University since 2010. He is the editor of *The New Bioethics*, a writer and occasional broadcaster on bioethical issues.

Earlier, as a GP, he saw many Christian patients suffering from stress and depression and has written about his experiences in both medical and Christian journals. He was Chair of Christian Medical Fellowship during one of the most turbulent periods of its history, has experienced many pressures in church life and has also known God's help in coping with many family and personal pressures including a period of blindness.

He is married to Rachel and they have three adult children.

**Jez Barnes** was appointed Vicar at St Stephen's, Twickenham in 2009 and has been delighted to be able to continue the church's well-established pattern of church planting since then, with two planting teams going out in his time. Jez has played cricket for Oxford University - the height of his sporting career! He served as a curate at Holy Trinity Brompton for 5 years and was then Associate Vicar of an HTB plant.

Jez is married to Emma and they have three young children - Arthur, Kitty and Florence. Most time off revolves around family life, with the occasional game of friendly cricket still in the mix for Jez from time to time.



**Jules Morgan** has been Director of Operations and Development on Jez's senior staff leadership team since 2011. Prior to coming to this she was in senior scientific management, ultimately as a head of business support and training in a grant giving charity. Then God stepped in and she ended up in church administration!

Outside her paid St Stephen's role, Jules is also a diocesan clergy review consultant, a trained executive coach and probably her least favourite role - the cleaner for her husband's home office!

She is married to Paul and has a nine year old son Matthew and a seven year old daughter Hannah. Time off is spent enjoying family and friends.

**John & Pauline Tindall** come from Oldham. They met when Pauline was a Salvation Army Soldier and John was a bank clerk heading for the Methodist ministry. They married in 1967. After eleven years in Methodism they served Independent Evangelical churches in Tynemouth, Surrey and South Birmingham.

They have three children, all of whom are married, and twelve grandchildren. John served as part-time honorary pastor for 15 years with a group of Wycliffe Bible Translators in South Asia. John and Pauline now live in Chessington.



**Other workshop leaders** Penny Clarke is Business Manager of King's Church, Bolton. Nici Johnson is Operations Director of St Mary's, Cheadle. Julian Mander is Operations Manager of Riverside Church, Birmingham.